Close your eyes and imagine a sunny summer childhood day. Picture yourself running through fields and wooded areas full of life. Birds offer serenades as you play. Soothing sounds of flowing water and rustling leaves offer a calming effect. Your outdoor play area is canvased with color from a diversity of wildflowers. It’s pleasing to be taken back to these simple times where outdoor play was the thing to do and natural areas were the places to go. Generations were tied to the outdoors, and exploring was how we learned about nature.
As adults, we remember these times and often wish that our children could have such experiences. The Fort Worth Nature Center & Refuge can help make this happen. To sum up our mission at the Nature Center, we want to enhance our community’s quality of life by providing a venue to learn and explore while preserving and protecting our natural resources. One opportunity for children to learn and appreciate nature is through our Summer Natural History Adventures (SNHA).

Each adventure is designed for children to learn about nature through lessons and exploratory time. Adventurers will be introduced to an array of habitats and opportunities to learn about wildlife and the plants that support them. In addition to learning about nature and exploring, we offer age-appropriate craft time to allow your child to use nature to explore his or her creative side. Children should not stop learning about nature after they leave. This should be ongoing, and we will provide resources for children and parents to read and research to maintain their nature-learning momentum.

By the end of the summer, your child will be able to relate to your stories about how you enjoyed playing outside and exploring your “wild” places. Stories and fun times are wonderful things to pass down and share. Use this summer to start that tradition and expose your child to nature by signing them up for SNHA.

For information about signing up, please call 817-392-7410. SNHA brochures can be downloaded from our website, www.fwnaturecenter.org, or picked up at the Hardwicke Interpretive Center. Registration is available online at www.fwnaturecenter.org/program-registration or in person.